# **OHS Bear Essentials**

Every effort was made to make this handbook complete and accurate when it was posted. Check the OHS website, <u>olympia.osd.wednet.edu</u>, for the latest information on topics and schedules.

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# **Getting Involved**

# **Community Council**

**OHS Community Council** brings parents/guardians, students, and the OHS administration together. Meetings provide a forum for sharing ideas and concerns, asking questions, staying informed, and being involved in school policies, programs, and activities. An OHS administrator attends each meeting to answer questions and address concerns. Occasionally, a guest speaker presents a short program or the Community Council presents special programs on topics of interest to parents.

As a parent or guardian of a student at Olympia High School, you are welcome to join us at our monthly parent information meetings or to sign-up as a member to get our e-mails with information about school activities and volunteer opportunities! If you would like to become more involved or have any questions, contact any of the board members.

Meetings are usually held on the **third Thursday of each month** in the Library starting at 6:00 and closing promptly at 7:30.

#### 2016-2017 Meeting Schedule

September 29	December 15	March 16
October 20	January 19	April 20
November 17	February 16	May 18

# **Community Council Committee Chairs 2016 – 2017**

Co Engilitators	Heather Shackelford & Janet
Co-Facilitators	Waeschle
Recorder	Erika Meier
Time Keeper	Tina Wagner

# Other OHS Parent Involvement Opportunities

#### Open House

This year's Open House is on **September 21** at 6:00-8:00 pm. This is an opportunity for parents to meet their student's teachers and see their classrooms. Parents circulate through classes using their student's schedule. Teachers present a short overview of the classroom expectations and offerings. It is not intended to serve as a parent-teacher conference. These are to be arranged separately with individual teachers or through the Counseling Center.

#### BEARzaar

The OHS BEARzaar is always the Saturday before Thanksgiving. This year's event will be Nov. 19, from 9:00 am to 4:00 pm. Visit more than 150 vendors, while enjoying lunch, entertainment, raffles, and supporting many OHS student clubs. Oly Bear childcare is available. Admission is free, although food donations for the Thurston County Food Bank are encouraged. Moneys earned are deposited in the ASB account. For more information, contact Kathy Thompson at (360) 956-3667, (360) 701-9326, or <a href="mailto:kathythompson@johnlscott.com">kathythompson@johnlscott.com</a>.

#### **Booster Clubs**

Most sports teams have a booster club or parent group. Their purpose is to heighten support and morale for all participants. Some teams' booster clubs choose to have fundraisers. Also, the Athletic department hosts an annual GROWL auction and dinner to honor former OHS athletes. This year's GROWL auction/dinner will be in the spring. For more information, contact team coaches or the Athletic director at 596-7028.

#### **OHS Foundation**

The Olympia High School Foundation (OHS Foundation) was formed in 2009 by a group of OHS parents and alumni concerned about the impact of recent budget cuts on OHS. This group aims to raise funds to help OHS maintain the quality of its education in the same way parent groups supplement the budgets of local elementary and middle schools. For more information, visit the OHS website under parents/community.

#### **Volunteer Opportunities**

Parents have numerous volunteer opportunities at Olympia High School. Dance and activity chaperones, ushers, ticket takers, etc., are always needed. Contact the office at 596-7000 for more information and clearance, as some volunteer positions may require background checks.

# **Where To Get Information**

#### Website

The OHS website – <a href="http://olympia.osd.wednet.edu/">http://olympia.osd.wednet.edu/</a> – provides a wealth of information regarding daily activities, calendars, Counseling Center information, dress code, emergency procedures, family access, senior notes, and much more. On the home or Welcome page, you'll also find the "Daily Bulletin" and timely information about what's happening at OHS. You can click on the "Full Calendar" to get information for upcoming events and the "Weekly Sports Snapshot" for the latest on sports events.

#### Family Access

Skyward Family Access is an informational resource available to every family at no cost. This resource can provide real-time information about your child's grades and attendance, class schedule, immunization records, even the balance on his or her nutrition services account.

Family Access provides safe, secure, and easy access to your child's school record. This information is available via Skyward, our student information software. To use this website (<a href="http://family.olympia.wa-k12.net">http://family.olympia.wa-k12.net</a>) parents need to have access to the internet with an acceptable browser (Internet Explorer 9, Firefox 4.0, Chrome 9, Safari 5.1, or better) which accepts "cookies." Parents must also open an account with a user name and password. Family Access Registration forms can be found online at the OHS website and at the main reception desk at the front entrance of the high school.

Please fill out the Family Access registration form and return it to the school's reception desk anytime during business hours. Your application will be processed in 3-5 working days and your login and password will be emailed to you. Questions or problems regarding Family Access can be addressed at the district's Student Information Office (596-6150) or by emailing familyaccess@osd.wednet.edu

#### Olympia High School Contacts

Official Name: William Winlock Miller High School

School Colors/Mascot: Blue and White/The Bears

Address: 1302 North St., Olympia, WA 98501 Website: http://olympia.osd.wednet.edu

Administration Office: (360) 596-7000 Counseling Center: (360) 596-7004 Attendance: (360) 596-7003

# **Navigating Olympia High School**

# **Key Dates**

August: 22 First Day Fall Sports

**September:** 2 Freshman and New Student Orientation 9am-12pm

7 First Day of School (7:45 start rather than late start)

8 Picture Day

16 BearZone—new tradition of celebration and football

21 Open House

October: 10-13 Homecoming week

14/15 Homecoming football game/dance

17 Picture Make-up day

21-22, 27-29 Fall play Letters to Sala

25 Choir concert

**November:** 1 Orchestra concert

3 Band concert

19 Bearzaar

**December:** 19-30 Winter Break

**January:** 3 Classes resume

26-27 Finals

**April:** TBA 8<sup>th</sup> Grade Parent Night

TBA GROWL auction and dinner 29 Prom at Indian Summer

May: 1-12 AP Exams

TBA 8<sup>th</sup> grade student activity fai

**June:** 9 Slamfest—bouncy houses, airbrush artists, yearbooks

14 Graduation at St Martin's

19-20 Finals

# **Daily Schedules**

The school schedule for each day is posted on the OHS website. Bus schedules are the same each day, except for the first Wednesday of the month when buses run one hour later in the morning for the District-Wide late start. Buses run on a regular schedule for OHS-only late start Wednesdays.

#### **Attendance**

Daily, punctual attendance in each class is vital for successful learning. Except for medical, legal, or school-related reasons, OHS expects students to be in class on time and actively participating in the instructional process.

Complete information regarding attendance is provided in the OHS student handbooks and the District's Policies and Procedures Manual.

A parent or guardian must call the Attendance Office (596-7003) within 48 hours of the day the student is absent from school and prior to any partial absence due to an appointment (medical, dental, etc.). Parents must give the school the reason for the absence. Parents should leave the student's name (please spell it), grade, reason for the absence and a number where the parent/guardian can be reached. Written excuses will not be accepted.

- Students are expected to keep track of their attendance record and make same-day corrections. The student has 24 hours to clear the tardy or all-day absence and show the clearance slip to teachers. The Attendance Office can help. Class time is not to be used for this activity.
- Any absence not cleared by the Attendance Office is considered unexcused. No makeup work will be allowed as a result of an unexcused absence.
- For approval of an absence that is not state approved, and for any planned absence of three or more days, an Absence Approval form must be submitted. The student must (1) get an "Absence Approval Form" at the Main Office, (2) have it signed by the parent and all of the student's teachers, and (3) return it to the Main Office for consideration. It is up to the discretion of the administrator whether to approve.

#### School and District Policies

#### **OSD Student Handbook**

The OSD Student Handbook covers issues such as *Student Conduct and Discipline*, *Tobacco Products* (prohibited on or near OSD grounds or at any OHS activity; this includes e-Cigs); *Firearms and Dangerous Weapons* (not allowed under any circumstances); *Restitution for Lost, Damaged or Stolen School District Property* (students will be held accountable if found responsible for willful destruction); OSD Compliance with the Americans with Disabilities Act (OHS does not discriminate in any way on the basis of ability); and the Non-Discrimination (OHS does not tolerate discrimination) and Sexual Harassment Policies (OHS does not tolerate sexual harassment). The handbook is available at the OSD website.

#### Dress Code

Student dress should be compatible with an educational setting, rather than an off-campus social setting. Students may express individuality in their dress and grooming as long as their appearance does not cause a disruption, or have the potential to cause a disruption, to the educational process for themselves, other students, or staff.

In an effort to maintain a safe campus and an academic focus, we ask that the young men and women attending Olympia High School adhere to the following guidelines. Please do not wear clothing or display emblems or accessories that:

- Demean/degrade individuals or groups of people;
- Promote violence or illegal activity (e.g., weapons, alcohol, tobacco, and other drug use);
- Exhibit sexual innuendoes, blatant sexual messages, vulgarity, and/or profanity;
- Are determined by local law enforcement to be affiliated with gangs.

#### In addition:

- Shoes or sandals must be worn at all times.
- Undergarments (and clothing worn as undergarments) must be covered by outerwear.
- Clothing must cover the student's back, shoulders, chest, and midriff.
- Skirts and shorts are to be mid-thigh length or longer.

All Health and Fitness students at Olympia High School are required to wear specific attire. The requirements are as follows: An OHS Health and Fitness shirt, shorts or sweatpants, socks, and shoes. No stretch or spandex pants or shorts will be allowed. The required shirt is available for purchase at the OHS student store. PE instructors will bring their entire class by period to the student store during the second week of school to purchase a shirt for \$5. Cash or check is accepted. Students can also purchase a shirt during regular Student Store hours, which are between second and third period and during lunch.

#### Internet Use

Use of the Internet by students must be in support of education and research consistent with the District's strategic plan. Internet use is limited to those who have been issued District-approved accounts. Use is to be in accordance with the District's Acceptable Use Procedures and Code of Conduct. The District may remove a user's account if it is determined the user is engaged in unauthorized activity or is violating the Code of Conduct. Each student will be required to complete a permission form signed by guardians and students from the Student Handbook at the beginning of the year.

# Campus Life

#### Cafeteria

A variety of lunch choices are available in the School Cafeteria. Items available daily include pizza made from scratch, a soup/salad/sandwich deli, "grab 'n go meals," an organic choice salad bar, and a variety of healthy snacks and beverages. The monthly menu, including the featured lunch special of the day, is posted on the District website:

http://osd.wednet.edu/for students/lunch menu. Breakfast is \$1.60 and lunch is \$2.70. Meals may be paid for at the time of purchase, or money can be deposited in your student's food service account, either through the Cafeteria (cash or check) or through the Skyward Family Access Program. Students are expected to eat lunch during one of two lunch periods (based on their fourth period class) in the Cafeteria or in a specified outside lunch area. Trays and plates are not permitted outside these areas. Food outside the Cafeteria and Student Store area must be kept in a bag or out of sight. Academic hallways and stairways are food-free. Students who wish to eat in a classroom may do so only with the teacher's permission.

#### Café Oly

Located in the Main Hall across from the Student Store, Café Oly is a food café staffed by students in the Career Opportunities class. It is open most days during student lunch periods.

#### Campus Supervisor

During the school day, the OHS campus (hallways, parking lots, and walkways) is supervised by the campus supervisor. Suspicious activities or concerns should be reported to the Main Office so they can be investigated.

#### **Closed Campus**

All students are to remain on the school grounds from the time of arrival until officially excused. If they leave campus without following the checkout procedure, they will be subject to discipline, suspension, or expulsion. Please note that only 4 doors will be open during the school day.

#### ID and ASB Cards

Every student is issued an OHS photo identification card at the start of the school year. There is no charge for ID cards, however, students can pay \$40 for a numbered sticker that makes the ID card an Associated Student Body (ASB) card. An ASB card allows the student to receive discounted admission to school events and is required for participation in school sports. The ASB card sticker can be purchased in the ASB Office. All money earned from the sale of ASB cards funds student activities.

#### Library Use

Students may use the library before and after school and during lunch time. The library may occasionally be unavailable at these times due to meetings, class schedules, or other events.

#### Lockers

A limited number of lockers are available, usually enough for students who want them. Half-sized lockers with combination locks are located near the Commons in the halls on either side of the music rooms. Information on locker sign-up is provided in class during the second or third week of school. Music and PE lockers are assigned by those specific teachers. Students provide their own locks for these lockers. Coaches provide lockers to athletes in some sports.

#### **Parking**

#### Staff and Visitors:

The parking lot located on North Street near the office is reserved for staff and visitors. Students may not park in the faculty lot. Parents making a quick stop at school can use the circular drive in front of the Main Office. The circular drive is an emergency access route and is not intended for long term parking.

#### Students:

Students are required to park in designated student parking areas in the Carlyon lot or the stadium lot. There are no individual reserved parking spaces. Students who drive to school must register their vehicle in the main office. A fine or Saturday work may be implemented to those who park in undesignated areas. Students may appeal a violation with their administrator. Vehicles of repeat and/or flagrant violators may be towed at the owner's expense.

#### Student Store

The Student Store is provided as a service to students, staff, and the community. It is overseen by the Distributive Education Clubs of America (DECA) program. In addition to OHS t-shirts and hooded sweatshirts, class supplies (student planners/agendas, PE shirts, rulers, chemistry charts, safety glasses, etc.) can be purchased during normal business hours. Fresh baked cookies are regularly available and sold to raise money for DECA activities and events. The store is open twice during the day: for about 10 minutes during the break between second and third period and the break between first and second lunch. The Student Store is located just past the Main Office inside the clock tower entrance.

# Health and Safety

## **Emergency Procedures**

School administrators have developed guidelines for staff and students to follow in response to emergencies and other critical situations. OHS runs regular emergency preparedness drills, including fire, earthquake and lockdown drills. In the event of an emergency:

- Please refrain from calling the school. Phone lines must remain open for emergency calls.
- Do not immediately drive to the school. Access routes and street entrances must remain clear for emergency vehicles.

Please use the Stadium parking lot, off North Street, if you are picking up students during an evacuation. The other parking lots will be open only to emergency vehicles. More information on these plans is available through the OHS Main Office.

#### Health Concerns/Medical Conditions

Parents of students with health concerns or medical conditions should contact the school nurse to make sure that appropriate plans are in place for their child. Under the law, students with a "life-threatening condition" must have a plan and medications at school in order to attend. This includes students with conditions such as severe allergies, seizures, diabetes, severe asthma (requiring Prednisone, oxygen, or long-acting bronchodilators), certain heart conditions, and other critical types of complicated medical conditions.

#### Health Room/Nurse

A school nurse is assigned to OHS most days of the week. In his or her absence, an assistant is assigned to oversee the Health Room. Additionally, designated staff members are assigned to assist in giving medication, administering first aid, and helping in emergency situations. The nurse's phone number is 596-7008.



#### Medication at School

Whenever possible, students should take medication at home. If a student must take medication at school, an **authorization form** must be completed by a health care provider and the parent/guardian. Forms, along with more detailed information regarding the Olympia School District's medication policy, are available in the Health Room.

#### School Closure/Late Start

The Superintendent's Office will determine late starts or school closures for the district in the case of inclement weather. Check the OHS website, the District website, or <u>psecs.wednet.edu</u>, or listen to local radio or television stations for information regarding the Olympia School District. In the event that schools are closed for weather and/or other emergency reasons, evening extra-curricular activities will automatically be suspended. For automatic notification of late starts or closures related to weather, subscribe at <a href="http://www.schoolreport.org/">http://www.schoolreport.org/</a>



# Parental Signature or Payments Needed

#### **Adult Activity Passes**

During the second full week of school (beginning Sept. 15) parents of current OHS students may sign up to volunteer at sporting events, concerts, and drama productions. Parents who volunteer for three activities receive an activity pass good for any OHS home event for the 2016-17 school year. More information is available in the athletic office.

### Field Trips

Staff responsible for organizing student travel must receive a parent permission slip for each student traveling. In the case of student activities, the slip may be completed once for the entire year. More information is available through the Main Office.

#### **Internet Use**

Each student will be required to complete a permission form signed by guardians and students from the Student Handbook at the beginning of the year.

#### **School Pictures**

Every student is issued an OHS photo identification card at the start of the school year. Pictures are taken at school on September 10 for the ID cards and the OHS yearbook. There is no charge to have the photo for the ID card and the year book; however, an optional photo package is available for purchase. Information will be mailed to parents about the different packages by O'Connor Photography. Contact O'Connor Photography at 1-800-993-4929.

#### Yearbook

The Annual, or yearbook, is offered to all students attending OHS. It contains pictures of OHS students and staff as well as pictures of activities and events that occur during the school year. An elective class of OHS students compiles the Annual. Applications are offered each spring for students who are interested in becoming members of the Annual staff. Students may purchase annuals (\$55 from August to December or \$75 from January to May) at <a href="http://www.jostens.com">http://www.jostens.com</a> or by following the Activities/Sports link on the OHS website. Annuals are officially unveiled at the year-end Awards Assembly with distribution immediately following that assembly.

# Activities Requiring School or District Approval

### Advertising

Outside agencies or organizations that wish to advertise and post information on campus must clear material through the OSD Superintendent's Office.

#### **Facility Use**

Requests for use of OHS facilities are to be directed to the Facilities Department at the District Office, 596-8562.

#### **Fundraising**

All activities or events for the purpose of raising money for any school-related organization must be approved by the Student Government Cabinet and the school administration. Forms to request approval are in the ASB office.

#### **Visitors**

Olympia High School has a closed campus. Only staff, students, and persons with legitimate business may be on campus. *Students are not allowed to bring visitors with them to class*. All legitimate visitors (i.e. guest speakers, volunteers, parents, etc.) must check in at the reception desk and sign in.

# **Senior Class Information**

# **Preparing for Graduation**

#### **Senior Status Letter**

At the beginning of the senior year, students will receive a Senior Status Letter. It must be signed and returned to the Career Center by the end of **October**. This notification fulfills three functions:

- 1. Confirms the student's graduation status including possible credit deficiencies;
- 2. Indicates correct spelling of the student's name for their diploma;
- 3. Provides signature request permitting the registrar to send grade transcripts to other educational institutions.

#### **Graduation Walk Policy**

Following is the policy as defined for the <u>Class of 2014</u>. At the time of publication, the walk policy for 2017 is still being determined. To participate in the Commencement Ceremony on June 16th, seniors must be enrolled by April 23rd, and must maintain satisfactory progress in the proper number and type of courses needed to satisfy all graduation requirements by the end of the school year. Summer school 2017 credits may not be planned to establish a student's eligibility to walk in the graduation ceremony.



#### **Baccalaureate Service**

Baccalaureate Service is a nondenominational, inspirational celebration for graduating seniors and their families. This celebration is organized by parents and includes some student performances. Students who wish to speak or perform may audition before a committee in the spring. There is usually a special inspirational speaker in addition to faculty and student participation. Baccalaureate takes place in mid-June with the location, time, and date announced in the spring. Junior Class parents host a dessert reception following the event. Seniors wear cap and gown.

#### **Senior Class Parent Group**

Senior Class parents work together to plan and carry out a number of activities during the senior year. This Parent Group helps communicate information about ordering senior pictures, placing senior ads in the yearbook, and ordering graduation announcements, cap, and gown. They also provide details about the Senior Banquet, graduation rehearsal, baccalaureate, and other senior matters.

One of the major activities of the Parent Group is to provide a safe, alcohol- and drug-free graduation night party for all graduates. The event immediately follows the graduation ceremony. During the year, events are planned to raise money to help pay for the party and to keep costs affordable. An organizational meeting for this year's Senior Class parent activities will be held in the first weeks of school.

# Important Dates for the Class of 2017

Check the OHS Website for most current schedule.

Sep 28	Senior Parent Meeting with OHS Counselors (6-8:30)
Oct 18	OHS Career and College Fair (4:30-7pm at Capital HS)
Oct 21	Senior Class Meeting (Students only)
Oct 25-27	Senior Ad Sales (Room-004 Mr. Zarate) at 6-8 pm (parents only)
Oct 26	FAFSA completion workshop (parents & students) <b>REGISTRATION REQUIRED</b>
Oct 31	Senior Photos DUE to Mr. Zarate or ohsannual@gmail.com
Oct 31	Senior Status Letter due back to the Career Center
Nov 1-3	Senior Ad Sales (Room-004 Mr. Zarate) at 6-8 pm (parents only)
Nov 3	Graduation Announcements and Cap & Gown orders due - during lunch in Commons
Dec 5	Last day to INITIATE request for completion of college app or letter of rec.
Dec 15	Last day to request transcripts for college (for Dec 31/Jan 1 deadlines)
Dec 16	SUGGESTED "to be done" date for all college applications
Jan TBA	Paying for College Workshop
Jan TBA	Make up End-of-Course Exams in Math
Jan 27	1st Sem. Final Exams (Class Rank & Honor Cords finalized using 1st Sem. grades!)
Feb 28	High School & Beyond Portfolio due
Mar TBA	Senior Class Meeting (during Showcase, Gym) Graduation Announcements delivery
April TBA	Graduation Walk enrollment requirement due
April	OHS Scholarship opens. <b>DEADLINE April 28</b>
Apr 6	Delivery of Caps & Gowns (during lunch, Commons)
Apr 29	Prom at Indian Summer
May 1-12	AP Exams
May 25	Graduation Speaker tryouts
June	Night of Stars – OHS PAC (time TBA)
June	Honor cord sales/Graduation tickets pick up (time and process TBA)
June	Senior Breakfast/Banquet/Dessert (time TBA)
June (TBD)	Baccalaureate (organized by senior parents; location, date, time TBA)
June 9	Awards Assembly
June 14	Graduation practice
June 14	Graduation
June 14	Graduation Night Party following Graduation (sponsored by senior parents)
June 20	Last day of school (unless weather-related make-up days)

#### Senior Portraits and Bulletin

#### Senior Portraits for the OHS Yearbook/Senior Ads

The deadline for submitting senior portraits to the annual staff is October 31st. The best way to submit photos is via email to <a href="mailto:ohsannual@gmail.com">ohsannual@gmail.com</a>. Senior pictures can also be brought to room 4 on CD, DVD, or flash drive. Original pictures can also be brought and scanned by the yearbook staff. Please allow a week for photos to be returned after scanning. Senior pictures should adhere to the following:

- Pictures can be either color or black and white
- The portrait is going to fit into a 2" x 1.5" picture frame, so we may have to crop
- No childhood pictures or overly "photo shopped" pictures
- Hats are OK
- Subject needs to be sitting or standing. Pictures where student is laying down will not be accepted.
- If student does not submit a photo, the yearbook staff will use the student's ID photo in its place

Seniors, senior parents, or guardians may purchase a "Senior Ad" that is placed in the back of the yearbook. Ads are sold in October in Room 4. Prices vary depending on the size of the ad (¼ page, ½ page, or full page) and whether the ad is to be published in color or black & white. There are three ways to order: on-line, by mail, or in person. For detailed information on yearbook senior pictures, advertising, and/or senior ads, check the Daily Bulletin on the OHS website or email <a href="mailto:ohsannual@gmail.com">ohsannual@gmail.com</a>.

#### Senior Notes

Senior Notes is a bulletin available to all seniors through the Career Center or a student-submitted email. It contains important information regarding graduation and college requirements. It provides test dates for the SAT and ACT, dates of upcoming college representative visits to OHS, contact information, and application deadlines for various colleges, as well as scholarship information. Published once a month (around the 15th) by the Career Center, Senior Notes is a valuable tool to students and parents. Extra copies are always available in the Career Center and can also be viewed on the OHS website. <a href="http://olympia.osd.wednet.edu/ccenter/seniors/seniors">http://olympia.osd.wednet.edu/ccenter/seniors/seniors</a>

# **Academics**

# Faculty and Staff Contact Information

**Main Number: 596-7000** Receptionist: Shelly Wilson

Attendance, Debra Champlin & Meg Goehle	596-7003
Nurse, Janene Jorgensen	596-7008
Registrar, Kelli Swinkels	596-7035
Matt Grant, Principal	596-7005
Wendy Carpenter, Principal's Administrative Asst.	596-7010
Lindsay Welsh, Assistant Principal	596-7039
Frank O'Connor, Assistant Principal	596-7040
Mick Hart, Assistant Principal	596-7041
J. Ryan Gerrits, Dean of Students	596-7284
Kari Smith, Administrative Asst.	596-7048
Mike Anchors, Athletic Director	596-7028
Counseling, Patti West	596-7004
Library	596-7002

## Academic Faculty and Staff Directory

Staff members may be reached during school hours by calling the OHS office at 596-7000. If a staff member is unavailable, a message can be left in their voice mailbox. Phone calls may be returned before or after school, as well as during a teacher's planning time. Some staff members may prefer to communicate through email. All OSD staff members have an email address. If the address listed below does not work, please call the office or check OHS web site (select OHS Community and then select Staff Directory).

## Counseling Center

OHS counselors work to address the academic, social, and personal needs of each student. Counselors are available to help in planning for the future, whether it is college, vocational training, or employment, with immediate emphasis on a successful high school experience.

The counseling staff works closely with teachers and other faculty members and welcomes contact with parents. Counselors strive to make the Counseling Center a place where students feel comfortable to come with questions or concerns of any kind. To schedule an individual appointment with a counselor, call Counseling Secretary Patty West at 596-7004, or call the counselors directly.

Tasha Landram	Erin Johnson
596-7029	596-7031
Counselor grades 9-12 (A-C) Counselor grades 9-12 (Sb-Z)	
Department Chair	PSAT, Running Start Coord
nlandram@osd.wednet.edu	ejohnson@osd.wednet.edu
Amanda Hall	OHS Career Center
596-7030	596-7034
Counselor grades 9-12 <b>(D-Hi)</b>	
Alternative Education Department	Cheryl Dale, Career Specialist
Chair	cdale@osd.wednet.edu
ahall@osd.wednet.edu	Senior Notes
Andra Kelley-Batstone	Jen Boelts, Career Counselor
596-7033	jboelts@osd.wednet.edu
Counselor grades 9-12 (Hj-Mc)	Post-high school pathway planning
Middle School Transition Coordinator	Secondary Education Applications
akelleybatstone@osd.wednet.edu	College Applications & Testing
•	Military Testing
David Forrester	Scholarship Opportunities
596-7032	Employability
Counselor grades 9-12 (Md-Sa)	Community Connections
New Market Skills Center Coordinator	1 mancial ma

# **Course Registration**

Students at OHS register for their classes for the next school year in the spring as a part of Homeroom activities. Parent signature is required on the registration form.

Necessary schedule changes should be handled with a counselor during the first 10 days of the first semester and the first 5 days of the second semester. Any withdrawal from class after the tenth class day (first semester) or fifth day (second semester) will result in a withdrawal failure (W/F) on the student's permanent record.

#### Homeroom

Your student's first period teacher is also his or her Homeroom Teacher. A Homeroom is an extended first period used to take care of school-wide activities related to registration. In January there is a Homeroom regarding making 2<sup>nd</sup> semester schedule changes. In April, an extended Homeroom period helps students prepare for the Showcase of next year's classes by giving them time to determine which presentations to attend. Homeroom teachers will occasionally "check in" with students on their academic progress. The homeroom teachers for freshman, sophomore, and junior students also facilitate the Student-Led Conferences for their students in the spring.

#### Student-Led Conferences (SLC)

Student-Led Conferences are scheduled in the spring for freshmen only. The conferences offer students the opportunity to lead a conversation about their progress on their High School and Beyond Plan with their parents or guardians and Homeroom teacher.

# **Graduation Requirements**

All public high school students are required to meet statewide graduation requirements to earn a diploma. All OHS graduates must fulfill the following four requirements:

#### 1. Earn a Certificate of Academic Achievement

The Certificate of Academic Achievement (CAA) tells families, schools, businesses, and colleges that an individual student has mastered a minimum set of reading, writing, and math skills by graduation. The Reading and Writing High School Proficiency Exams (HSPE) and Algebra 1, Geometry, and Biology End-of-Course (EOC) exams serve as the state's exit exams. Students in the graduating class of 2017 must meet standards on the Reading and Writing HSPE and either the Algebra or Geometry EOC, or must complete a state-approved alternative in any of these subjects. Students have multiple opportunities to meet the standard on these exams and may be offered additional help through OHS to complete these assessments. Students can consult with their counselor or check with Mr. Brad Davis, the Testing Coordinator, if unsure whether a make-up test or if an alternative method of assessment is needed.

#### 2. Meet class credit requirements

At OHS, 22 credits earned in grades 9 through 12 are required for graduation. A credit is defined as 180 fifty-minute hours of classroom instruction (one class for one year). Olympia High School operates on a semester system with a six-period day; 0.5 credits are granted for the successful completion (earning a passing grade) of a semester's work in each class. For the graduating class of **2017**, the required course pattern is as follows:

Subject	Credits Required	Courses Included
English	4	9th, 10th, and 11th grade English
Mathematics	3	Algebra 1, Geometry and Algebra 2 (or approved alternate)
Laboratory Science	2	
Social Studies	3.5	World History (1 credit); US History (1 credit); Senior Social studies (1 credit); WA State History (0.5 credit, or equivalent, if not completed in middle school)
Career and Technical Education	1	Courses such as Family & Consumer Science, Technology Education, Business Education, etc.
Health and Fitness	2	Includes 0.5 credit in Health
Fine Arts	1	
Electives	7.5	

Note: Most colleges require additional course work beyond the requirements listed above. For help in college planning, consult your child's counselor, the OHS career counselor, the OHS Course Catalog, or the Counseling website. <a href="http://olympia.osd.wednet.edu/ccenter">http://olympia.osd.wednet.edu/ccenter</a>

#### 3. Complete the High School and Beyond Plan

The High School and Beyond Plan requires students to detail their plan for meeting the OHS high school graduation requirements as well as identify areas of interest as they explore different post-high school options. Freshman, sophomore, and junior students discuss their High School and Beyond Plan with their parents in Student-Led Conferences in the spring. During the 2011-12 school years, students were switched to an electronic High School and Beyond Plan utilizing the Career Cruising website. Students are given access to this website for use outside of the High School and Beyond Plan lessons they receive throughout the school year. Seniors must have their finalized High School and Beyond Plan ready to be checked off by the end of February.

# **Grades and Transcripts**

#### **Grading symbols for Grade Point Average (GPA) computation**

A = 4.0	C+ = 2.3	P = Pass, no effect on GPA
A- = 3.7	C = 2.0	S = Satisfactory effort has been expended, but student is unable to meet minimum
B + = 3.3	C- = 1.7	requirements
B = 3.0	D+ = 1.3	NC = No credit, no effect on GPA
B- = 2.7	D = 1.0	WP = Withdrawal pass, no effect on GPA WNC = Withdrawal, no credit, no effect on GPA
	F = 0.0	WF = Withdrawal, F grade

# Withdrawal Failure (WF) / Withdraw Pass (WP)

A student dropping a subject after the tenth day (first semester) or fifth day (second semester) will receive a withdrawal failure (WF), which has the effect of an F on the GPA. Students may present a written appeal if there are extenuating circumstances. If a student withdraws from a class before the tenth day (first semester) or fifth day (second semester), a withdraw pass (WP) is awarded and is not calculated into the GPA.

#### Grade Appeal Process

To appeal a grade, a student initiates a conference with the teacher. If the issue is not resolved, the student may appeal to the Administration. Appeals for second semester grades must be done during business hours. Students may have to wait until the office reopens in August to complete the process.

#### Repeating a Subject

When a student repeats a subject, the lower grade can be taken out of the student's GPA calculation (if the student gives up any credit earned) and the higher grade is then included in the student's GPA. The student must make this request with the Registrar.

## Withdrawal from School

All withdrawals are done through the Counseling Office secretary. Students are also encouraged to have a final check-out conference with a counselor.

#### Progress Reports/Semester Grades

Parents can now monitor their student's academic progress online through Family Access. If you have questions and/or concerns about a teacher's online grade book, please contact the teacher directly to see if they can answer your questions.

Progress reports are sent home after the six and 12 week grading periods each semester. Semester report cards are mailed shortly after the end of the semester. Check the School Year Calendar for the end dates of progress report periods and semesters.

Only semester grades are used to calculate the student's GPA and are retained on the official transcript. Semester grade report cards, diplomas, and transcripts are withheld until all fines are paid.

#### **Transcripts**

Current students AND any student not currently enrolled at OHS (Past Grads, Non-Grads) This is a 2 step process-

- 1. Fill out a Transcript Request Form
- 2. Pay the \$5.00 processing fee.

2017 Graduates are allowed up to 10 total transcripts for the 2016-17 school year for a total price of \$5.00

If there are any outstanding fines or fees, the balance must be cleared before a transcript will be processed

Click here for a Transcript Request Form

This form must be completed, signed and submitted to process any transcript. You can return the completed form by mail to:

Olympia High School

Attn: Registrar 1302 North Street Olympia, WA 98501

You can scan the completed form and email it to: kswinkels@osd.wednet.edu

Pay the \$5.00 per transcript processing fee.

2017 Graduates are allowed up to 10 total transcripts for the 2016-17 school year for a total price of \$5.00

By Phone: Call 360.596.7009 between the hours of 8:00 am and 3:00 pm Monday-Friday

OnLine: https://wa-olympia.intouchreceipting.com/

Ouestions? 360.596.7035 (OHS Registrar)

#### Academic Assistance

#### Peer Tutoring

Peer tutoring is available after school Monday through Thursday in the library. Students who are sophomores, juniors, or seniors with at least a 3.5 cumulative GPA can apply to be a tutor. These students tutor fellow students in a variety of subjects from 2:30 pm until 3:45 pm. Last year four highly qualified students were scheduled to work each day. Students sign-in and indicate what help they need. Tutors are often helping a number of students at a time. Adults are present to supervise. There is no cost for this service.

#### **Math Tutors**

The Math Department provides names of qualified students who are willing to provide tutoring to individual students. Check with your student's math teacher if you are interested in this assistance. There may be a fee for this service.

#### Foreign Language Tutors

Teachers in the Foreign Language department also may provide names of qualified students who are willing to provide tutoring to individual students. This assistance is self-arranged. There may be a fee for this service.

#### Learning Opportunity Center (LOC)

The Learning Opportunity Center (LOC) program provides remediation for recovery of credit. LOC offers students the opportunity to utilize APEX on-line courses to make up credit for classes they did not pass. Students are able to access a computer with which to complete APEX on-line classes during the class period. The class(es) can also be worked on outside of school if the student has internet access at home. Students may take one class at a time, and, with diligence and good work habits, she or he can complete more than one class in a semester. The LOC is supervised by a certificated teacher and may also have a student assistant present to help class participants with their work.

# **Academic Opportunities**

#### AVID - Advancement Via Individual Determination

Kristen Soderberg, AVID Coordinator, 596-7307 or ksoderberg@osd.wednet.edu

AVID is a college preparatory elective class that teaches students who have the academic potential and desire to attend a four-year college all the necessary skills to be successful in a college or university setting. AVID's objectives are to provide academic instruction in the areas of reading, writing, and inquiry; to improve organizational and time management skills; to improve critical thinking skills; to increase student involvement in extra-curricular activities; to prepare and support students for entry into the most rigorous high school courses; and to empower students to achieve academic excellence. OHS started its AVID program in the 2010-11 school year with a 9th grade AVID class. This year, the AVID program is offered to 9 to 12 graders.

Current OHS students who are interested in being considered for AVID should talk with their Counselor. Entry is possible at the semester, although most students complete an application and interview process in the Spring for admission in the fall. Most AVID students meet one of the following criteria: 1. Be the first in their immediate family to attend college/university; 2. Be a member of a historically underrepresented group at four-year colleges; or 3. Have special circumstances that are possibly hindering the student's potential to prepare for college admission.

#### Freedom Farmers

Blue Peetz, Teacher <u>jpeetz@osd.wednet.edu</u>

Wade Arnold, Youth Programs Lead Educator

Olympia High School participated in a pilot program with **Garden-Raised Bounty (GRuB)**, a grassroots non-profit organization dedicated to nourishing a strong community by empowering people and growing good food. The goal of the Olympia High School "GRuB in the Schools" class is to provide a two-year program (based on GRuB's successful <u>Cultivating Youth Employment Program</u> model) where disengaged students have an opportunity to realize their potential through education, leadership development, nutrition, and employment. The GRUB

class is a fully integrated alternative learning program at OHS as a result of its incredible success improving student engagement and achievement.

Students, selected through an application and interview process, are responsible for growing and selling local food for the greater community, leading volunteers in farm work, and assisting local farms growing food for the Thurston County Food Bank.

Students who complete the summer program can reapply to continue in GRuB and earn credits at OHS in CTE Horticultural Science (1.0), American Studies (1.0), and CTE Entrepreneurism (1.0). The off-campus 3-period block class includes hands-on organic farming, leading local hunger relief efforts, educating the greater community on hunger issues, and field trips with elementary and middle school students on the GRuB Farm.

#### Honors and Advanced Placement (AP) Program

J. Ryan Gerrits, Coordinator, 596-7284, <u>jgerrits@osd.wednet.edu</u>

Special courses are available for accelerated learning opportunities. Students in an Advanced Placement (AP) class may earn college credit by scoring well on an AP test, administered for a fee (\$89) in the spring. Presentations about AP classes are given during the Showcase in April, allowing any student who meets the necessary prerequisites to review the curriculum and requirements of these college-level studies. AP courses make substantial demands on students as they are equivalent to college courses. Students are required to do considerable outside reading and other assignments and to demonstrate the analytical skills and writing abilities of first-year students in a strong college program. Students considering AP should remember that it is important to find balance between academic rigor and extra-curricular activities.

#### New Market Skills Center

Dave Forrester, Coordinator, 596-7032, dforrester@osd.wednet.edu

New Market Skills Center is a consortium of 30 high schools in 10 districts providing career and technical education to high school students interested in specialized employment after high school, and/or preparation for entering college or apprenticeship programs. These half-day programs are available to juniors and seniors only, and are housed offsite at the New Market Vocational Skills Center in Tumwater. Students also have the opportunity to earn industry certification or college credit. More information is available at <a href="https://www.newmarketskills.com">www.newmarketskills.com</a>.

#### ORLA - Olympia Regional Learning Academy

The Olympia Regional Learning Academy (ORLA) provides a unique learning environment with high academic standards that can supplement a student's work at OHS. Students who enroll in ORLA's iConnect Academy take online courses, primarily in the subject areas of language arts, math, science, and social sciences. Six world languages, Advanced Placement courses, health, and electives are also available. Most of the core subject areas are taught by Olympia School District teachers. For more information, contact ORLA at 596-7730.

#### **Running Start Program**

Tasha Landram, Coordinator 596-7029, nlandram@osd.wednet.edu

Running Start is a program designed for eligible juniors and seniors to enroll in college level courses at South Puget Sound Community College and receive both high school and college credit. To qualify, students must have the permission of their parents, the recommendation of their high school, and they must comply with all college requirements, including placement testing and maintenance of acceptable academic standing. Although not required, it is highly recommended that high school students participating in Running Start have a "B" average.

Running Start students attend college classes tuition-free according to state formula; however, they are responsible for the purchase of textbooks, supplies, transportation, parking, and other

necessary fees. Special application, entrance criteria, and other required information can be obtained through the Counseling Center website <a href="http://olympia.osd.wednet.edu/ccenter/running\_start/">http://olympia.osd.wednet.edu/ccenter/running\_start/</a>.

An important detail to remember is that Running Start students must still complete a *High School and Beyond Plan* in order to graduate. It is the responsibility of each and every Running Start Student to stay informed and make sure all graduation requirements are met.

#### Special Services/Individualized Educational Program

TBA, Case Manager

This program is designed for students with specific learning, behavior, or health needs requiring Individualized Educational Plans (IEPs) for academic success. Once determined eligible, students receive support in both regular and special education classrooms. Classes emphasize individualized instruction in basic academic skills such as reading, math, and written language, pre-vocational and vocational training, and social skills development. Entrance into the program is determined by Washington Administrative Code (WAC) eligibility standards. Initial referral is through the building's Social Service Coordinator. Provisions for "Section 504" are also accommodated for qualifying students.

#### Summer School

Summer School helps students reinforce important skills, fill in gaps in learning, and better prepare for the coming school year. Most often Summer School is used for remediation to reclaim credit for failed classes. Summer School for students entering grades 9-12 offers an assortment of courses such as Algebra Prep, English, Psychology, and Economics. Most courses are a combination of online learning (APEX) and on-campus work. Summer school tuition is approximately \$100 per course. Classes fill quickly on a first-paid, first-enrolled basis.

The 2016 Summer School program ran from June 27- July 29 with classes held at ORLA. Information about the upcoming Summer School session, including location, times, and courses offered, is available each spring in the Career Center and on the Olympia School District's website <a href="http://osd.wednet.edu/for\_staff/k-12">http://osd.wednet.edu/for\_staff/k-12</a> teaching/summer school

#### Work Experience Credit (Work-Based Learning)

Kelly Boyer, Instructor 596-7017

If you are employed or actively seeking employment and are 16 years of age or older, you can earn credit through the Work-Based Learning class in the Business Department. This class combines classroom instruction with on-the-job training. See the course catalog and/or your counselor for more information.

# Testing

#### Semester Tests/Finals

Semester tests and final exams are scheduled for the last days of each semester. Students should not plan on being absent from school during those days. Early finals are not given at OHS. Students who have an excused absence during finals will be allowed to make up any missed final exams at a later date.

Semester tests are scheduled for January. Finals are scheduled for June. On semester/finals test days, only two periods are scheduled with school dismissed at 11:50 a.m. There is no Late Start during semester tests/finals week. Check the Daily Bulletin to see which classes are scheduled each day. These dates are subject to inclement weather days.

#### **Graduation Testing Requirements**

Reading, writing, math, and science tests are required for students in the class of 2017. These tests are the Smarter Balanced assessments on English language arts (ELA) and math and the Biology End of Course exam. The best sources for complete information about state-mandated testing are available at <a href="http://www.k12.wa.us/assessment/StateTesting/">http://www.k12.wa.us/assessment/StateTesting/</a> or through the Testing and Assessments tab on the Counseling page of the OHS website.

#### Advanced Placement (AP) Testing

Students who take AP classes are tested in May by the College Board to qualify for college credit or to become exempt from introductory college courses. Exams are graded on a five-point scale (the highest is five). Most of the nation's colleges and universities award credit and/or placement for grades of three or higher. There is a fee (typically \$89) for each test. More information is available on the school website at

http://olympia.osd.wednet.edu/ccenter/testing and assessment.

#### 2016-2017 *AP Exam Schedule*

The 2016-2017 AP Exams will be administered over two weeks in May: May 1 through 5 and May 8 through 12. Coordinators are responsible for notifying students when and where to report for the exams. Early testing or testing at times other than those published by the College Board is not permitted under any circumstances.

Week 1	Morning 8 a.m.	Afternoon 12 noon	
Monday, May 1	Chemistry Environmental Science	Psychology	
Tuesday, May 2	Computer Science A Spanish Language and Culture	Art History Physics 1: Algebra-based	
Wednesday, May 3	English Literature and Composition	Japanese Language and Culture Physics 2: Algebra-based	
Thursday, May 4	US Government and Politics	Chinese Language and Culture Seminar	
Friday, May 5	German Language and Culture United States History	Computer Science Principles	
	Studio Art—last day for Coordinators to submit digital portfolios (by 8 p.m. EDT) and to gather 2-D Design and Drawing students for physical portfolio assembly.		
	Teachers should have forwarded students' completed digital portfolios to		

	Coordinators before this date.		
Week 2	Morning 8 a.m.	Afternoon 12 noon	Afternoon 2 p.m.
Monday, May 8	Biology Music Theory	Physics C: Mechanics	Physics C: Electricity and Magnetism
Tuesday, May 9	Calculus AB Calculus BC	French Language and Culture Spanish Language and Culture	
Wednesday, May 10	English Language and Composition	Italian Language and Culture Macroeconomics	
Thursday, May 11	Comparative Government and Politics World History	Statistics	
Friday, May 12	Human Geography Microeconomics	European History Latin	

#### College Preparation and Admissions Testing

Tests are administered several times during the year for college-bound students. Registration bulletins, which clearly outline the necessary steps, can be picked up in the Career Center. Deadlines are usually at least one month before the test date. Students are encouraged to register online and can do so well in advance of the test date.

#### *PSAT* - this is important for all college bound Juniors!

The PSAT/NMSQT (Preliminary Scholastic Aptitude Test/National Merit Scholarship Qualifying Test) is usually given to sophomores and juniors as a practice for the Scholastic Aptitude Test (SAT). It is a shorter, 'practice' version of the full SAT test. It is good practice for Freshmen and Sophomores to also take the PSAT as a way to be better prepared for it their Junior year when it counts toward scholarships and to have experience with a shorter version of the full SAT test. Student will receive a copy of the <u>Official Student Guide to the PSAT/NMSQT</u> when they register to help prepare before test day.

This year the test is given at OHS on October 19, during the school day. This test is given only once each year and space is limited. The PSAT is the only way to qualify for a National Merit Scholarship. PSAT results are available in mid-December. http://www.collegeboard.com/student/testing/psat/about.html

If you are registered to take the test, but are unable to do so due to illness or other unforeseen circumstances, <u>follow these instructions</u> (also found on page 5 of the *Official Student Guide to the PSAT/NMSQT*).

#### <u>SAT and SAT Subject Tests</u>

Scholastic Aptitude Tests (SAT) are usually taken by, but not limited to, juniors and seniors. The tests are administered on Saturdays at announced locations in the area. For the SAT, doors open at 7:00 am and the test begins at 8:00am. However, if all test takers assigned to a given room arrive before that time, the test may start when the last student arrives. OHS encourages students to arrive at 7:30 am. Students not in a testing room by 8:00 am will not test.

SAT Test Dates		Registrati	Registration Deadlines		
October	1	2016	September	1	2016
November	5	2016	October	7	2016
December	3	2016	November	3	2016
January	21	2017	December	21	2016
March	11	2017	February	10	2017
May	6	2017	April	7	2017
June	3	2017	May	9	2017

## Important

information about the SAT tests:

- ➤ Online registration for the SAT the quickest and easiest way to register is encouraged. Register online at http://sat.collegeboard.org/register/sat-us-dates.
- Most of the <u>Sat Subject Tests</u> are offered 6 times per year (in October, November, December, January, May and June). Check the web site for more information. (http://sat.collegeboard.org/register/sat-subject-test-dates)
- You may take up to three SAT Subject Tests on a single test date.
- > The Language with Listening test is always given in the first hour of testing. Only one listening test can be taken per test date.
- Calculators may be used only on the Mathematics Level 1 and Level 2 Subject Tests.
- You cannot take the SAT subject Tests and the SAT on the same test date.
- ➤ Pick up registration information in the Career Center.
- ➤ Call early or mail the registration and fee by postmark deadline. (Credit cards are accepted for a fee. Fees are listed on the registration packets.)

Scores are usually mailed to students five to six weeks after the tests are taken.

#### ACT Assessment (formerly American College Test)

ACT testing for juniors and seniors takes place at Capital High School. The tests are administered on Saturdays. For the SAT, doors open at 7:00 am and the test begins at 8:00am. However, if all test takers assigned to a given room arrive before that time, the test may start when the last student arrives. OHS encourages students to arrive at 7:30 am. Students not in a testing room by 8:00 am will not test. More information and registration for the ACT is available at <a href="https://www.actstudent.org">www.actstudent.org</a>.

ACT	Test Da	ites	R	egistratio	on Deadlines
September	10	2016	August	5	2016
October	22	2016	September	16	2016
December	10	2016	November	4	2016
February	11	2017	January	13	2017
April	8	2017	March	3	2017
June	10	2017	May	5	2017

The SAT and ATC can be used nearly interchangeably for college admissions, as almost all colleges accept both exam scores.

# **Student Activities & Clubs**

#### Student Fees

The following typically require a fee:

- Admission to events (sports, music, drama)
- ASB cards
- Athletic teams
- Clubs & activities
- Dances
- Driver's Education
- Field trips
- Insurance
- Classes (music, lab classes)
- PE
- Photos
- Yearbook

The specific cost can be found from:

- ✓ your student
- ✓ Daily Bulletin
- ✓ OHS website

# Performing Arts Events

• All events are in the **Performing Arts Center at 7:30 pm** unless otherwise indicated. Admission for Music Department events is \$6. Individual season passes are \$15 and family season passes are \$50. Passes may be purchased through the music teacher during class or at the door of the fall concerts.

Check the website for the most current schedule (http://olympia.osd.wednet.edu/activities/drama\_club/drama\_club).

#### 2016-2017 Music Schedule

- September 16 Symphonic Choir Lock-In
- October 25 Choir Concert 7:30 pm
- November 1 Orchestra Concert 7:30 pm
- November 3 Band Concert 7:30 pm
- December 12 Holiday Festival 7:30 pm (Bellicoso, Camerata, Concert Band, String Orchestra)
- December 13, 15 Holiday Festival 7:30 pm (Concert and Symphonic Choirs, Symphonic Band, Wind Ensemble, Sinfonietta, Symphony Orchestra)
- January 12 Seattle Opera Trip
- January 28 Instrumental Solo & Ensemble at Timberline HS
- February 4 Vocal Solo & Ensemble at Timberline HS
- February 9 Jazz Band Festival 8 am 4 pm Black Hills HS
- February 16-19 All-NW Music Conference in Bellevue

- February 28 Orchestra Concert 7:30 pm
- March 1 Orchestra Festival at CHS
- March 7 8th Grade Choir Festival at OHS 9am-1pm
- March 9 Choir Concert 7:30 pm
- March 15-16 Choir Festival at SPSCC
- March 21 Band Concert 7:30 pm
- March 22-23 Band Festival at Tumwater HS (daytime only)
- April 25 State Honor Recital Music Rm. 602 7:00 (Early start time)
- April 28-29 State Solo & Ensemble in Ellensburg at CWU
- May 5-13 Musical
- May 25 Jazz Band Concert 7:30 pm
- June 1 Band Concert 7:30 pm
- June 6 Choir Concert 7:30 pm
- June 8 Orchestra Concert 7:30 pm

## 2016-2017 Drama Events

- October 15 Unified College Auditions in Seattle (all day)
- October 21, 22, 27, 28, 29 *Letters to Sala* Fall play
- January 20, 21 Contemporary Devised theatre Productions
- February 3, 4,9, 10, 11 Our Town Winter Play
- February 4 Thespian Festival at OHS (all day)
- March 10, 11, 16, 17, 18 DramaFest student directed one act plays
- May 5, 6, 11, 12, 13 The Pirates of Penzance Spring musical
- May 31 Drama Club Awards Banquet 6:00 p.m. OHS Commons

#### **Dances & Other Social Events**

The Student Government class, which puts on annual dance and social events, appreciates your continued support of Olympia High School students and their activities.

#### **Notes about Dances:**

Many parents are concerned about the high costs that can be incurred when students attend a dance. Students and parents are encouraged to be moderate in their spending. Dances DO NOT have to begin with dinner at expensive restaurants; boys DO NOT have to rent tuxedos; students DO NOT need to rent limousines for the evening. Parent Connection supports students and families who choose to be modest in their approach and who choose to enjoy themselves at a reasonable cost.

#### School dances have:

- Behavior guidelines regular school codes.
- Chaperones eight parents/guardians (four couples), four staff members, one social committee advisor, and one administrator. (Parents who wish to chaperone should contact the ASB a few weeks before the dance.)
- Security police officers on duty.
- ID for admission School ID is required to attend OHS dances.

Any student who wants to bring a non-OHS guest must get a guest pass from the Administration Office. Forms for guest passes can be picked up in the Main Office. Plan at least two weeks in advance in order to obtain permission for a guest to attend an OHS dance. No middle school student may attend high school dances. In general, students are NOT allowed to leave any school dance and return. Once students leave the dance, they are expected to leave school property.

#### Homecoming

Spirit Week, October 10-13, Game October 14, Dance October 15

Many activities occur during Homecoming Spirit Week including a different daily theme for which students are encouraged to dress up, an assembly at the end of the week, and the Homecoming dance. The assembly features skits from each class, and each class makes a large class sign to decorate the gym. Each grade votes on a couple to represent that class at the assembly and game, with the seniors electing the Homecoming King and Queen.

The first big dance of the year, Homecoming, gives students in all grades the opportunity to attend a formal. The dance is held at the school and, this year, begins at 8:30 pm and ends at 11:30 pm.

#### Prom

April 29

Prom is the last formal event of the year. All students may attend; however, mostly juniors and seniors attend this dance. The student planning committee decides whether the dance will be on or off campus. Prom is scheduled for 9:00 pm to midnight.

#### End of Year Awards Assembly

June 9

The end of year Awards Assembly is an opportunity to celebrate the accomplishments of the year. Many individual scholarships are awarded at this time. The current ASB officers relinquish their positions to the newly elected officers, and the classes 'move up'. The yearbook is officially

unveiled and distributed. Following the assembly, SLAMFEST is a celebration that includes a bounce house, airbrush artists, and yearbook signing, as well as a barbeque.

#### Student Government

#### Kristin Costello, Advisor

Student Government encourages involvement and participation in optional school district extracurricular events. The **Associated Student Body (ASB)** of Olympia High School is the formal organization of all OHS students and of all clubs, athletic teams, classes and other organizations formed with the approval of the OHS Senate and Student Government.

#### ASB Organization

ASB Student Government includes the ASB Officers, who are elected by the student body. ASB Student Government (SG) meets daily for one period and is a 1 credit elective. SG is responsible for planning all assemblies, organizing school dances and social activities, and working to create a positive school environment.

The *ASB Senate* is made up of students elected from their 1st Period (Homeroom) class to represent and communicate with the student body. The Senate meets monthly during the Wednesday morning activity period. Senators keep their classes informed about ASB matters. All class senators and alternates are elected in the fall.

ASB is also organized into *classes*. Class officers are responsible for student participation and production of class-sponsored activities. Senior, junior, and sophomore class officers are elected in the spring; freshman class officers are elected in the fall.

#### ASB Funding and Finance

ASB is the only authorized student organization to receive, collect, or engage in any fundraising or fee-charged activities at OHS for cultural, athletic, recreational, or social purposes that are optional and non-credit (extra-curricular).

Major sources of funding for ASB include revenues from ASB card sales (\$40 each), \$40 of the \$125 sports participation fee, and admissions and concessions from sports events and other activities. Most of the budget is allocated to general costs of athletic activities, including team uniforms, officials, and the athletic trainer. Each team also has a designated budget based on its needs. ASB funds also support activities like drama, Bear Crew, and Earth Corps. The budget is prepared in March for the following school year. Students and staff collaborate on ASB funding and finance.

# ASB Officers 2016-17

President	Vice President	Secretary	Treasurer
Jordan Jekel	Hope Dorris	Madison Brown	Noah Firth

# Class Officers 2016-2017

	Senior	Junior	Sophomore	Freshman
President:	Jay Spivak	Monica Tsien	Bennett Olson	Matthew Carney
Vice President:	Jake Mangino	Teal Fleming	Pearl Ko	Maddy Wright
Secretary:	Rachel Ballew	Christina Tsien	Hayden O'Haver	Fiona Lemon
Treasurer:	Alyssa Belmont	JiYoung Moon	Yufan Mou	Chandler Sam

#### Clubs and Activities

Students can be involved in numerous clubs and activities at OHS. Clubs may change from year to year according to students' interests. The list below was compiled just prior to 2016-17 school year. Students who are interested in a particular club may contact the club advisor or attend a meeting for more information. Meetings are announced in the Daily Bulletin and are often held on Wednesday mornings.

Students interested in forming a new club should submit the following information to the Student Senate: Constitution (includes purpose, officers, and membership), advisor's name, and an itemized budget. The club must get Senate and administrative approval.

#### Art Club

Donna Andrews, Advisor

The Art Club offers a way to be part of the art scene at OHS as well as the wider art community. Students do not need to be enrolled in an art class to join.

#### Bear Crew 2

Marion Sheridan, Advisor

Bear Crew 2 is a club for encouraging friendships between students with disabilities and general education peers. We meet once per month during Late Start Activity period to plan our monthly outings which occur outside of the school day.

#### Blue Crew

Mike Schaefer, Advisor

This club promotes Bear Spirit and encourages students to attend sporting events and support team spirit.

#### **Board Game Club**

Brian Wright, Advisor

This club meets during Bear Time and provides a social opportunity for students to interact and play games.

#### **Book Review Council**

Deborah Koss-Warner, Advisor

The OHS Book Review Council promotes reading. Members read, review, and share books, and are encouraged to attend monthly meetings. There are no club dues, though parent permission is required.



#### Distributive Education Clubs of America (DECA)

Dave Eby, Advisor

DECA is an international-affiliated student leadership organization whose program of leadership is designed specifically for past and current marketing students. It is a co-curricular, student-centered organization with activities intended to promote marketing, management, and entrepreneurial skills. The OHS DECA chapter activities promote the development of well-educated citizens with self-confidence, human relations skills, leadership ability, and an understanding of the American free enterprise system. DECA members attend conferences and compete with members from other schools in marketing related events. Competitions can lead to competing at the International DECA Conference. Dues are \$20. Visit the Washington DECA website at <a href="https://www.wadeca.org">www.wadeca.org</a>.

#### dotDiva

Jan Stuckey, Advisor

This is a club that was formed to promote Science, Technology, Engineering, and Math as career options for young women and men, explore computer applications that are relevant to the interests of young women, bring in speakers and career mentors to inform and mentor students in the STEM fields, and to seek out or initiate leadership opportunities for students in STEM fields. We provide an opportunity to discuss and explore technology fields, without an atmosphere of intimidation. We meet once or twice a month, after school on Wednesdays. Look for us on facebook!

#### Drama Club/Thespians

Kathy Dorgan, Advisor

The Drama Club is affiliated with the International Thespians Troupe, a lifelong organization for students of the theatre. Drama club members become Thespian Troupe No. 2693 members through working on- and off-stage in a variety of club activities for which they can earn membership points. Thespian members perform and compete in local and state thespian competitions and festivals. The Drama Club produces three major productions per year: a classical production, a modern comedy, and a musical. In addition to these productions, several smaller shows are

performed throughout the year.

Drama Club and Thespian Troupe members also take advantage of local theatre offerings by attending group-rate, student-priced performances at Harlequin Productions and the Washington Center for the Performing Arts. Community service activities include mentoring elementary and middle school performers, working at local festivals, and assisting paramedic and first aid training for the Olympia Fire Department.

#### **Drill Team**

Chelsea Peterson, Advisor

The Drill Team promotes school spirit by performing at school pep assemblies and at football and basketball games. OHS Drill Team also competes in local, regional, and state competitions. Try-outs are in April; students in grades 9 through 12, including incoming freshmen, are eligible. Costs are incurred by Drill Team members.

#### Earth Corps

Ed Bassett, Advisor

Earth Corps actively promotes and engages in activities to enhance the local environment and raise awareness of broader environmental issues. Our unofficial motto is "actions speak louder than words." We have taken the lead in recycling and composting at OHS. We have contributed to the health of the Puget Sound Ecosystem through our ongoing habitat restoration project on Henderson Inlet. We also take educational/recreational outings to celebrate the nature of the Pacific Northwest. Earth Corps' ongoing work at the OHS Pond has transformed the area from a weedy eyesore to the outdoor learning lab and wildlife habitat that it is today. The club has been recognized for community service and

environmental stewardship with numerous awards, including the Washington State Department of Ecology Sustainable Schools Award (twice). Each year Earth Corps recognizes a graduating senior with the Environmental Service Award.

#### Family, Career and Community Leaders of America (FCCLA)

Laura Jensen, Advisor

FCCLA is a service organization which promotes leadership and addresses important personal, family, work, and societal issues through family and consumer science education. Activities are centered on helping children, such as "Parents Night Out," decorating the children's floor, and making infant hats for babies at St. Peter's Hospital. All students are welcome to join. There is no fee to join the local chapter. There is an \$11 fee for those who want to join the state and national chapters, which opens opportunities for awards, scholarships, and leadership.

#### Future Business Leaders of America (FBLA)

Skip Fabritius, Advisor

Outstanding Local Chapter in the State of Washington for three years

FBLA works to develop business leadership in members by exposing them to the business world and by involving them in group activities. Activities include regional, state, and national conferences, community service, fundraising projects and leadership development. Membership is open to any student interested in becoming successful in the business world. It is recommended that members have taken, are taking, or plan to take a business class at OHS. Dues have been \$20, usually covered by fundraisers.

#### Key Club

Dawn Williams, Advisor

The OHS Key Club has a structure, ideals, and purpose similar to of the Olympia Kiwanis Club, its sponsor. Club objectives are to develop initiative and leadership, serve school and community, and prepare for citizenship. Students are urged to apply the ideals and pursuits of Key Club as a means of becoming involved in school, com

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pursuits of Key Club as a means of becoming involved in school, community, and self-improvement.

#### Knowledge Bowl

Michael Schaefer & Sarah Violette, Advisors

Knowledge Bowl promotes academic competition in all areas. Quick minds more than good grades are the route to Knowledge Bowl success. Practices determine the makeup of teams, which are open to all students.



Meets against other schools determine advancement to regionals and state. OHS has placed first or second at the regionals the past twelve years.

#### Language Clubs

These clubs promote interest in their respective languages and give students a better understanding of customs in the country where the language is spoken. Each club is open to any current or past student in language classes.

#### French - Jody Underwood, Advisor



Past French Club leaders have planned food related activities, competitions, and film or theater nights. The club is open to current and former French students and anyone interested in exploring French culture.

#### Japanese - Anna Beraun, Advisor



Japanese Club is open to any student interested in the Japanese culture. The club folds origami iris as a fundraiser, goes out to eat a Japanese dinner, and travels to Seattle to explore Uwajimaya.

#### Spanish



Spanish Club is open to any student enrolled in Spanish class. Activities during the year may include excursions to cultural events, dinners, films, dance lessons such as salsa or meringue, guest speakers, and other activities.

#### Literary Magazine Club

Gilman, Advisor

We are a group of writers who collect submissions of poetry and prose from OHS students to create an annual publication called ONLY (Olympia's New Literary Youth).

#### **Music Groups**

Chamber Choir - Dan Schwartz, Director Chamber Orchestra – Joe Dyvig, Director

Jazz Band, Pep Band, Marching Band – Eric Curley, Director

In addition to its curricular program, the Music Department offers many music groups for students at OHS. All groups receive credit for their work. Students involved in these groups receive a schedule of contests and performances, some of which are mandatory. Schedules are available from the Music Department by calling the school. The groups meeting during Zero Hour (7 A.M.) are Chamber Choir, Chamber Orchestra, and Jazz Band. Students interested in participating in Jazz Band audition in the fall. Chamber Choir, Concert Choir, Symphonic Choir, and Chamber Orchestra members audition in the spring.

#### National Honor Society

Dan Bryan, Advisor

NHS desires to create enthusiasm for scholarship, to stimulate a desire to render service, to promote leadership, and to develop character in the students at OHS. The NHS requires a minimum grade point average of 3.5 of members from the sophomore, junior, or senior class.

Those interested should watch for the invitation to apply via notice during first period in early October. The student must respond by the application deadline. Selection is by a faculty council and is based on outstanding scholarship, character, leadership, and service. Once selected, members must continue to demonstrate these qualities, maintain a 3.5 or better GPA, and participate in four NHS service activities per year, or they may be dismissed from membership. Students dropped because they don't meet the requirements cannot re-join later. NHS meets during activity period at least monthly.

#### Olympia Math Group OMG!

Jan Stuckey, Advisor

OMG is a group of enthusiastic mathematicians who compete in online and other tournaments. Through these tests, results are published by school, and we can see how we stand nationally against some of the best high schools in the country. We also go to The Evergreen State College twice a year on a Saturday to compete in the mathleague.org competition. OMG is also the way that students take the American Mathematics Competitions, which are national tests that some of the more technical universities such as CalTech, Harvey Mudd, and MIT use for admissions data.

#### Pizza Klatch

Matt Grant, Advisor

This is a place for students to come together to discuss issues regarding sexual identity.

#### Polar Bear Athletics

Jesse Stevick, Advisor

An activity that meets after school to train and workout to be in the best shape for sports. The group meets during the late fall, winter, and early spring.

#### Queer/Straight Alliance

Tobias, Advisor

QSA is an organization of sexual and gender minorities and their allies. As a club, we concentrate on sharing and exploring concepts relevant to these minorities, and working to end discrimination in our school and community. Membership is free and no commitment is required.

#### Rotary Interact Club

Hallie Houge, Advisor

Interact is a service club for those who want to tackle the issue in their community that they care most about sponsored by the Rotary Club of Olympia.

#### **Robotics Club**

Stan Bratt & Alex Steinkamp, Advisors

The OHS Robotics Team competes in the FTC Robotics competition. Students design, build, program, and run a robot to complete a challenge each year. Meetings are held regularly after school. Interested, driven students are encouraged to get involved.

#### Science and Engineering Club

Wayne Beeson, Advisor

This club's goal is to pursue the individual's interests in science by exploring the scientific method and showing OHS student work at state science fairs. Rewards include personal satisfaction, preparation for future work in science, and the opportunity to earn college scholarships and cash prizes. Students may work on projects of their choice with help from OHS science teachers.



#### Skills USA

Halvorson, Advisor

Club membership trains you to be a Champion at Work. Skills USA Club has over 72 Technical & Leadership areas to explore and compete in as a group or individual. This year we placed 1st in state for Community Service. <a href="https://www.skillsusa.org">www.skillsusa.org</a>

#### Speech and Debate

Halvorson, Advisor

Do you like to perform? Do you like to argue? Are you interested in improving your public speaking skills? Then Speech and Debate is for you! Sign up for a fun year of exploring a variety of speaking and debating events! Participate in some weekend competitions TBD (November-March)

#### Sports Medicine Club

Shelton, Advisor

This club explores sports medicine.

#### Student Cancer Alliance Club

Washington, Advisor

This is a club that supports students with cancer, and those who know others who have cancer.

#### Students for Christ - Way Club

Dan Bryan, Advisor

The Students for Christ - Way Club provides an opportunity for Christians of all denominations to meet and support one another. Activities include service projects, social get-togethers, discussions of issues common to Christians at OHS, and more.

#### STAND - Students Together Advocating Non-Violence and Diversity

Matt Grant, Advisor

These action-oriented students are dedicated to encouraging understanding and acceptance of others. They strive to increase multicultural awareness and cross social boundaries so individuals are able to stand up against hurtfulness. STAND promotes diversity, togetherness, and decreased violence to improve our community. This group has promoted school community events to bring attention to their objectives and has participated in a peer mediation program to help with student conflicts at school.

#### Woodworking Club

Mr. Violette, Advisor

This is a club that crafts woodwork and other wood projects.

# **Sports**

The Olympia School Board has adopted rules and regulations to meet Washington's Interscholastic Activities Association (WIAA) eligibility requirements, as well as standards set forth by the Olympia School District.

OHS students who meet the eligibility requirements may participate in athletics, cheer, drill, and dance. Students must complete a sports clearance packet before they can practice or play with a team. These forms include proof of insurance and papers signed by a physician verifying full participation in high school athletics. Athletes also purchase a \$40 ASB card and pay a \$125 participation fee for each sport. Clearance forms and other sports information can be found on the Olympia High School website under "Sports."

Participation in a game or practice requires attendance in class during all six periods that day. Excused absences or tardies may be allowed at the discretion of the Athletic Director. Contact Mike Anchors, Athletic Director, 596-7028, or Sharon Markey, 596-7077, for more information.

#### **Sports Seasons**

FALL  All start Aug 22 except Football which starts Aug 19	<b>WINTER</b> All start Nov.14 except  Gymnastics which starts Nov.7	<b>SPRING</b> All start February 27
Boys Cross Country	Boys Basketball	Boys Baseball
Girls Cross Country	Girls Basketball	Girls Fastpitch
Football	Girls Gymnastics	Boys Soccer
Girls Soccer	Boys Swimming	Girls Tennis
Girls Swimming	Boys Wrestling	Boys Track
Boys Tennis	Girls Wrestling	Girls Track
Volleyball	Girls Bowling	
Cheer	Cheer	
Drill Team	Drill Team	
Boys Golf		
Girls Golf		

# Administrators/Head Coaches

Administration/Coaches	Title/Sport	Contact Info
Mike Anchors	Athletic Director	596-7028
Sharon Markey	Admin. Asst.	596-7077
Fall Sports Coaches		
Jesse Stevick	Boys Cross Country	jstevick@osd.wednet.edu
Cris Violette	Girls Cross Country	cviolette@osd.wednet.edu
Skip Fabritius	Boys Golf	sfabritius@osd.wednet.edu
Mike Steen	Girls Golf	msteen@osd.wednet.edu
Cody Leimbeck	Boys Tennis	cleimback@osd.wednet.edu
Bill Beattie	Football	bbeattie@osd.wednet.edu
Laurie Creighton	Volleyball	lcreighton@osd.wednet.edu
Tamara Liska	Girls Soccer	tliska@osd.wednet.edu
Mel Smith	Girls Swimming	mesmith@osd.wednet.edu
Erin Treadway	Cheer	etreadway@osd.wednet.edu
Chelsea Peterson	D.::11 /D	cpeterson@osd.wednet.edu
Tosha Vay	Drill/Dance	tvay@osd.wednet.edu
Winter Sports Coaches		
Greg Hargrave	Boys/GirlsWrestling	ghargrave@osd.wednet.edu
John Kiley	Boys Basketball	jkiley@osd.wednet.edu
Mel Smith	Boys Swimming	mesmith@osd.wednet.edu
TBA	Gymnastics	
Paul Rae	Girls Bowling	prae@osd.wednet.edu
Jackie Robinson	Girls Basketball	jrobinson@osd.wednet.edu
Chelsea Peterson	Drill/Dance	cpeterson@osd.wednet.edu
Tosha Vay, Mariah Mao	Dilli/Dalice	tvay@osd.wednet.edu
Spring Sports Coaches		
Jesse Stevick	Boys Track	jstevick@osd.wednet.edu
Cris Violette	Girls Track	cviolette@osd.wednet.edu
Matt Loes	Girls Fastpitch	mloes@osd.wednet.edu
Steve Roth	Baseball	sroth@osd.wednet.edu
Don Craig	Girls Tennis	dcraig@osd.wednet.edu
Ty Johnson	Boys Soccer	tyjohnson@osd.wednet.edu

# **Sports Schedules**

Sports schedules are posted on the OHS website. <a href="http://olympia.osd.wednet.edu/activities/sports">http://olympia.osd.wednet.edu/activities/sports</a>.

For the most current information (rain-outs, cancellations, etc.) check the "*Weekly Sports Snapshot*" on the home page of the OHS website.

OHS is a member of the South Puget Sound 4A League. A great resource for schedules, directions to events, scores and standings for all sports is the SPSL 4A league website: <a href="http://www.spsl.org">http://www.spsl.org</a>

The OHS website also has links to MapQuest directions to each of the SPSL schools from OHS. For directions to any game or event location, contact the OHS office or Head Coach.

# Locations of Sports Events

#### SPSL AAAA Schools

**Bellarmine Lions** 2300 So. Washington, Tacoma

**Curtis Vikings** 8425 40<sup>th</sup> St W, University Place

Emerald Ridge Jaguars 12405 184<sup>th</sup> St E, South Hill

**Graham Kapowsin Eagles** 22100 108<sup>th</sup> Ave E, Graham

Olympia High School 1302 North Street SE, Olympia

## Olympia Fight Song

Fight for Olympia High
Win that victory.
We're going to Fight, Fight,
Fight for the Blue and White
You do your best Bears,
And we'll do the rest ... So
On, on, on, on till the end
With honor and glory
We will win ... we will win.
So, Fight, Fight, Fight
For Olympia High and
VICTORY!

**Puyallup Vikings** 105 7<sup>th</sup> St SW, Puyallup

**Rogers (Puyallup) Rams** 12801 86<sup>th</sup> Ave E, Puyallup

**South Kitsap Wolves** 425 Mitchell Ave, Port Orchard

**Sumner Spartans** 1707 Main St, Sumner

# <u>Other Parks, Play Fields, Pools and Sports Venues</u>

**Fort Steilacoom Park** (cross country) 8623 87th Ave. SW, Lakewood (distance ~ 24 miles)

#### **Fort Steilacoom Golf Course**

(253) 588-0613 8202 87th Ave. SW, Tacoma (distance ~ 27 miles)

#### Heidelberg Park (baseball) South 19th and Mason, Tacoma 4400 So. 19th, Tacoma (distance ~ 32 miles)

#### **King County Aquatic Center**

(2530 927-5173 650 SW Campus Dr., Federal Way For Swimming and Diving Championships. (distance ~39 miles)

#### **LBA Park** (cross country) 3333 Morse-Merryman Rd. SE, Olympia

# **Lincoln Park** (cross country) South 37th and Thompson St, Tacoma (distance ~ 29 miles)

#### **Peck Field** (fastpitch) (253) 305-1015 South 15th and Sprague, Tacoma (distance ~ 30 miles)

#### **South End Recreation Area (SERA)**

(253) 305-1015 6002 South Adams, Tacoma (distance ~ 29 miles)

# **Stevens Field** (fastpitch) 300 24th Ave. SE, Olympia

# **The Evergreen State College** (cross country, swimming) (360) 867-6000 2700 Evergreen Parkway NW, Olympia

# **Tumwater Valley** (cross country / golf) (360) 943-9500 4611 Tumwater Valley Dr., Olympia

# **Yauger Park** (fastpitch) 3100 Capital Mall Dr. SW, Olympia

#### **Allenmore Golf Club**

(253) 727-7211 2125 S. Cedar St., Tacoma (distance ~ 31 miles)

#### **Brookdale Golf Course**

1-800-281-2428 or (253) 537-4400 1802 Brookdale Rd. E., Tacoma (distance ~29 miles)

# **Lake Spanaway** (golf - league event) (253) 531-3660 15602 Pacific Ave. S., Tacoma (distance ~ 29 miles)

# Olympia Golf and Country Club (golf) (360) 866-9777 3636 Country Club Dr. NW, Olympia

# **Sparks Stadium** (WCD track event) 601 7th Ave. SW, Puyallup (distance ~ 35 miles)

#### **Stewart Heights** (tennis) East 60th and "B," Tacoma (distance ~ 29 miles)

#### University of Puget Sound (tennis) 1500 N. Warner, Tacoma (distance ~ 33 miles)